

QP Code: 108009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
September 2022**

Swasthavrutha

Time: 3 Hours

Max Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Essay

(2x10=20)

1. Explain virudha (विरुद्ध) and its types.
2. Explain elaborately nutrition and its importance.

Short Notes

(10x5=50)

3. Explain the mechanism of disease transmission.
4. Enumerate dharaneeya (धरणीय) and adharaneeya vegas. (अधारणीय वेग)
5. Differentiate between kavala(कवल) and gandoosha. (गण्डूष)
6. Explain ritu shodhan (ऋतु शोधन)
7. Chemical disinfection.
8. Satwika ahara. (सात्विक आहार)
9. Define fasting. Explain the types of fasting.
10. Achara rasayana. (आचार रसायन)
11. Explain varsha ritucharya. (वर्ष ऋतुचर्य)
12. Physical hazards and its management.

Answer Briefly

(10x3=30)

13. Enumerate types of dhumapana (धूमपान)
14. Vyayama phala. (व्यायाम फल)
15. Ojo kshaya. (ओजो क्षय)
16. Define svastha vritta. (स्वस्थ वृत्त)
17. Disinfection.
18. Enumerate the factors responsible for health.
19. Jadaragni (जठराग्नि)
20. Fat soluble vitamins.
21. Ashta nindita purusha. (अष्ट निन्दित पुरुष)
22. Macro minerals.
